

# SCOTTSDALE AQUATIC CLUB

## WSF/SAC/RIO/FAST Quad Meet

### September 17, 2011

Held under the sanction of USA Swimming, Inc.

**Sanctioned by:** Arizona Swimming Sanction Number: AZ12-3

**Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., the Scottsdale Aquatic Club, and all meet officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

**Hosted by:** Scottsdale Aquatic Club

**Meet Director:** Judy Pennington 480-951-5368 [SAC6Coach@aol.com](mailto:SAC6Coach@aol.com)

**Meet Referee:** Ray Eynon 480-922-7495 [eynonaz@cox.net](mailto:eynonaz@cox.net)

**Meet Location:** Cactus Pool 7202 E Cactus Rd, Scottsdale, AZ

**Course:** Outdoor, 25 yard, 8/10 lane heated pool, Colorado Start, semi-automatic system for all Sessions. A 25-yard warm up pool area will be available for continuous warm-up throughout the meet. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6 feet, 0 inches at the turn end.

**Eligibility:**

1. Open to any current USA Swimming registered athlete holding a current USA Swimming registration card who is a member of or an unattached swimmer training with SAC, FAST, RIO or WSF.
2. All swimmers, coaches, and officials must be registered prior to the competition and present proof of current registration to the Clerk of Course, if requested. No on deck registration will be accepted. All coaches and officials shall wear their current USA Swimming registration in a visible manner.
3. Age on September 17, 2011 will govern for the meet.
4. This is a No Time Standard Meet.
5. Any swimmer entered in the meet, unaccompanied by a US Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
6. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, referee, and entry coordinator as to the need or any special accommodations or seeding arrangements at the time the entry is submitted.

**Rules:**

1. The current rules of USA competitive swimming will govern this meet.
2. Individual events are pre-seeded, timed final events, except where noted below.
3. All events 400 yards and longer will be deck seeded and will require positive check-in with the clerk of course by 9:30am. These events will be swum fastest to slowest, alternating women and men.
4. Swimmers are limited to 5 individual events.
5. Entry times must be the swimmer's best short course times. No converted times may be used for entry.
6. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.
7. The Arizona controlled meet warm-up will be posted and enforced.

**Sessions:**

Session I	Warm-up: 8:00 AM	Start: 9:00 AM
Session II	Warm-up: 12:30 PM	Start: 1:30 PM

**Entries:** All entries must be submitted via email in Hy-tek format. No late entries will be accepted. Meet entries will be due by midnight, Sunday, September 11, 2011.  
E-Mail: [SAC6Coach@aol.com](mailto:SAC6Coach@aol.com)

**Entry Fees:** \$5.00 LSC surcharge  
\$3.00 per individual event  
Entry fees are due by the start of the first session, Saturday, September 17, 2011. Payment may be made by cash or check. Make checks payable to **Scottsdale Aquatic Club**.

**Awards:** Ribbons for 1<sup>st</sup>-8<sup>th</sup> place for 10&U and 8&U events.

**Timing:** Volunteers will be asked to time for all events except for the 400IM free. Swimmers must provide their own timers.

**Concessions:** A full snack bar will be open during each session of the meet.

**Lunch:** We will provide a lunch for swimmers in both sessions beginning at 11:45am.

### Session I – Saturday, September 17, 2011

Warm up: 8:00 AM      Start: 9:00 AM

Girls	Event	Boys
1	11&O 200 Relay	2
3	11&O 50 Free	4
5	11&O 200 Breast	6
7	11&O 100 Back	8
9	11&O 100 IM	10
11	11&O 50 Breast	12
13	11&O 100 Fly	14
15	11&O 200 Free	16
17	11&O 400 IM*	18

\*Check-in required by 9:30am.

### Session II – Saturday, September 17, 2011

Warm up: 12:30 PM      Start: 1:30 PM

Girls	Event	Boys
19	8&U 100 Free	20
21	10&U 200 Free	22
23	8&U 50 Fly	24
25	10&U 100 Fly	26
27	8&U 50 Breast	28
29	10&U 50 Breast	30
31	8&U 100 IM	32
33	10&U 100 IM	34
35	8&U 50 Back	36
37	10&U 100 Back	38
39	8&U 50 Free	40
41	10&U 50 Free	42
43	10&U 200 Relay	44